

FALL 2025 SCHEDULE*

★[CLASS NAME] = ADULTS WELCOME

★[CLASS]★ = ADULT-ONLY CLASS

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 - 11 AM	STUDIO 1						CREATIVE MOVEMENT
	STUDIO 2						
11 AM - 12PM	STUDIO 1						LITTLES COMBO(BALLET & JAZZ & ACRO)
	STUDIO 2						NOKALI
12 - 1 PM	STUDIO 1			CREATIVE MOVEMENT			DRILL TEAM PREP
	STUDIO 2						NOKALI
1 - 2 PM	STUDIO 1						★CONTEMPORARY FOR BEGINNERS★
	STUDIO 2						
2 - 3 PM	STUDIO 1						★BALLET FOR BEGINNERS★
	STUDIO 2						
3 - 4 PM	STUDIO 1						★CALM AND CONTEMPORARY (LOW SENSORY CLASS)★
	STUDIO 2						
4 - 5 PM	STUDIO 1			LITTLES COMBO(BALLET & TAP & ACRO)	LITTLES COMBO(BALLET & JAZZ & ACRO)		
	STUDIO 2			RESERVED FOR COMPANY			
5 - 6 PM	STUDIO 1	ADVANCED LEAPS & TURNS		MUSICAL THEATER	BEGINNER LEAPS TURNS & TECHNIQUE		
	STUDIO 2		BEGINNER HIP-HOP	RESERVED FOR COMPANY	★STRETCHING AND FITNESS★		
6 - 7 PM	STUDIO 1	ADVANCED ACRO	BEGINNER CONTEMPORARY	BEGINNER JAZZ	BEGINNER ACRO		
	STUDIO 2	BEGINNER BALLET	★ ADVANCED HIP-HOP	RESERVED FOR COMPANY	★BALLET BARRE FITNESS★	NOKALI	
7 - 8 PM	STUDIO 1	★STRETCHING AND FITNESS★	★JAZZ-FUNK	ADVANCED JAZZ	DRILL TEAM PREP		
	STUDIO 2	★ADVANCED BALLET	★HEELS★	RESERVED FOR COMPANY	★JAZZ FOR BEGINNERS★	NOKALI	
8 - 9 PM	STUDIO 1	★ IMPROV/SURPRISE	★ ADVANCED CONTEMPORARY				
	STUDIO 2						

* PRIVATES AND RENTALS CAN BE SCHEDULED DURING ANY TIME THERE IS AN OPEN STUDIO

Company Rehearsals	Madelynn	Gavin	Maddie S.
Ren	DJ	Chloe	Privates/Rentals