

SPRING 2026 SCHEDULE*

★[CLASS NAME] = ADULTS WELCOME
 ★[CLASS]★ = ADULT-ONLY CLASS

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 - 7:50 AM	STUDIO 1		★MAT PILATES★		★MAT PILATES★		
8 - 8:50 AM	STUDIO 1	★MAT PILATES★					
10 - 11 AM	STUDIO 1		★MAT PILATES★		★MAT PILATES★		CREATIVE MOVEMENT
	STUDIO 2						INSTITUTO DE NOKALI
11 AM - 12PM	STUDIO 1	★MAT PILATES★					LITTLES COMBO(BALLET & JAZZ & ACRO)
	STUDIO 2						INSTITUTO DE NOKALI
12 - 1 PM	STUDIO 1						DRILL TEAM PREP
	STUDIO 2						INSTITUTO DE NOKALI
1 - 2 PM	STUDIO 1		BRENNAN TAP PRIVATE				
	STUDIO 2						INSTITUTO DE NOKALI
4 - 5 PM	STUDIO 1			LITTLES COMBO(BALLET & TAP & ACRO)	LITTLES COMBO(BALLET & JAZZ & ACRO)		
	STUDIO 2						INSTITUTO DE NOKALI
5 - 6 PM	STUDIO 1		BEGINNER CONTEMPORARY	MUSICAL THEATER	LEAPS TURNS & TECHNIQUE	TAP PVT	
	STUDIO 2		BEGINNER HIP HOP				
6 - 7 PM	STUDIO 1	★JAZZ FOR BEGINNERS★	INTERMEDIATE BALLET	BEGINNER ACRO	MADI SOLO		
	STUDIO 2	BEGINNER BALLET	INTERMEDIATE HIP HOP	INTERMEDIATE CONTEMPORARY	★MAT PILATES★ (6-6:50)	NOKALI	
7 - 8 PM	STUDIO 1	ZOE SOLO	CONTEMPORARY DUET	BEGINNER JAZZ	DRILL TEAM PREP		
	STUDIO 2	★ADVANCED BALLET	★HEELS★	★CONTEMPORARY FOR BEGINNERS★	ADVANCED ACRO	NOKALI	
8 - 9 PM	STUDIO 1	★ IMPROV/SURPRISE	★ ADVANCED CONTEMPORARY	ADVANCED JAZZ			
	STUDIO 2		★ADULT HIP HOP★				

* PRIVATES AND RENTALS CAN BE SCHEDULED DURING ANY TIME THERE IS AN OPEN STUDIO

Company Rehearsals	Stephanie	Gavin	Maddie S.	TBA
Ren	DJ	Chloe	Privates/Rentals	